

LEELA LA AND GLOBAL CLASS SCHEDULE

SCHEDULE EFFECTIVE JANUARY 23, 2022 - MAY 22, 2022; TIMES ARE IN PST

Sunday	Monday	Tuesday	Wednesday	Thursday
9-10:30 am VIR Foundational Kathak I (C&Y)	6-7:30 pm VIR Leela Dance Collective	5:30-7 pm VIR Foundational Kathak II (C&Y)	6:30-7:30 pm PA Foundational Kathak I (A)	5:30-7 pm VIR Foundational Kathak II (A)
9-10 am VIR Kathak Essentials (C&Y)		6-7:30 pm VIR Foundational Kathak I (A)	6:30-7:30 pm PA Kathak Essentials (A)	6-7:30 pm VIR Leela Youth Dance Company
9:30-11 am WLA Foundational Kathak I (A)		6-7 pm VIR Kathak Essentials (A)	6:30-7:30 PA Kathak Essentials (C&Y)	7-8:30 pm VIR Kathak Repertoire (A)
9:30-10:30 am WLA Kathak Essentials (A)		6:30-8 pm VIR Foundational Kathak I (A)		
9:30-10:30 am WLA Kathak Essentials (C&Y)		6:30-8 pm TO Leela Youth Dance Company		
10-11 am VIR Kathak Essentials (A)				
11 am - 12:30pm TO Foundational Kathak II (C&Y)				
11 am - 12pm TO Kathak Essentials (A)				
11 am -12 pm TO Kathak Essentials (C&Y)				
12:30-2 pm TO Foundational Kathak II (A)				
12:30-2:30 pm TO Leela Youth Dance Company				

WLA = WEST LOS ANGELES | TO = THOUSAND OAKS | PA = PASADENA | VIR = VIRTUAL | C&Y = CHILDREN & YOUTH | A = ADULTS

LEELA LA AND GLOBAL CLASS SCHEDULE

CLASS DESCRIPTIONS

CHILDREN & YOUTH DIVISION (FOR CHILDREN AGES 5-17YRS)

KATHAK ESSENTIALS

Children are introduced to basic kathak movement along with rhythm and music fundamentals.

FOUNDATIONAL KATHAK I - III

Children focus on development of rigorous kathak technique and build kathak vocabulary as they begin to understand the intimate relationship of dance and music and apply this foundation towards the art of storytelling. (Prerequisite: Kathak Essentials for Children)

KATHAK REPERTOIRE

An invitation-only class where children with a strong foundation in kathak technique and a deep understanding of musicality and rhythm, continue rigorous training to build prowess. Children grow as performers as they develop the ability to apply their knowledge to the kathak repertoire from the Das lineage and bhao (storytelling).

LEELA YOUTH DANCE COMPANY

An audition based pre-professional training, leadership, and performance troupe. The training program focuses on ensuring that students develop advanced technique, an expansive vocabulary and repertoire, foundational skills in music and percussion, and strong performance skills.

LEELA LA AND GLOBAL CLASS SCHEDULE

CLASS DESCRIPTIONS

ADULT DIVISION (FOR ADULTS AGES 18+YRS)

KATHAK ESSENTIALS

Students are introduced to basic footwork, turns, and movement of kathak as they develop an appreciation for the history, philosophy, and mathematics of the art form. They begin to learn the basics of taal and raga (rhythmic and melodic systems) which are at the core of Indian classical dance and music. They are able to recite and dance compositions and are introduced to the fundamentals of abhinaya and bhao (expression and storytelling). Students gain a sense of kathak aesthetics as their body awareness and alignment improves.

FOUNDATIONAL KATHAK I - III

Having achieved skills in the essentials of kathak fundamentals, students move on to the development of stronger physical technique with deeper rhythmic and melodic awareness. They learn more complex footwork and compositions and explore deeper elements of abhinaya and bhao (expression and storytelling). Students continue to build kathak vocabulary as they further understand the intimate relationship of the dance and Indian classical music. Prerequisite: Kathak Essentials for Adults

KATHAK REPERTOIRE

An invitation-only class where students with a strong foundation in kathak technique and a deep understanding of musicality and rhythm, continue rigorous training to build prowess. Students grow as performers as they develop the ability to apply their knowledge to the kathak repertoire from the Das lineage and bhao (storytelling).

LEELA DANCE COLLECTIVE

An invitation-only class where students apply strong and dynamic technique, musical depth, and rich knowledge of the Das repertoire towards development of the traditional kathak solo. Under the guidance of senior disciples, they learn the nuances of performing one-on-one with musicians as they apply skills in bhao (storytelling) and upaj (improvisation).

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STUDIO KEY

WLA = West Los Angeles

Liz Lira, 3500 Overland Ave UNIT 210, Los Angeles, CA 90034

TO = Thousand Oaks

Aspire Dance Studio, 5700 Corsa Ave, Westlake Village, CA 91362

PA = Pasadena

The Vault Dance Studio, 57 Palmetto Dr, Pasadena, CA 91105

WEBSITE

For more information, visit <https://leela.dance/>